

YOGA AT THE ALICE CROSS CENTRE 2018

Wednesdays 10.45-11.45am

	SPRING		SUMMER		AUTUMN
1.	10th January	1.	18 th April	1.	12 th September
2.	17th January	2.	25 th April	2.	19 th September
3.	24th January	3.	2 nd May	3.	26 th September
4.	31st January	4.	9 th May	4.	3 rd October
5.	7th February	5.	16 th May	5.	10 th October
		6.	23 rd May	6.	17 th October
1.	21st February	1.	6 th June	1.	31 st October
2.	28th February	2.	13 th June	2.	7 th November
3.	7th March	3.	20 th June	3.	14 th November
4.	14th March	4.	27 th June	4.	21 st November
5.	21st March	5.	4 th July	5.	28 th November
6.	28th March	6.	11 th July	6.	5 th December
		7.	18 th July	7.	12 th December
				8.	19 th December

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