

Chair Yoga at The Alice Cross, Teignmouth – Summer 2021

Wednesdays 10.45 – 11.45am	
Half-Term 1	
Week 1	19 th May
Week 2	26 th May
No Yoga	2nd June
Week 3	9 th June
Week 4	16 th June
Week 5	23 rd June
Half-Term 2	
Week 1	30 th June
Week 2	7 th July
Week 3	14 th July
Week 4	21 st July
Week 5	28 th July

Half-Term 1 - £30 & Half Term 2 - £30 (or £6 a week pay as you go if there is space)

Booking Information

Classes to be booked in advance (and paid for in advance if possible).

Payment by bank transfer if possible (please contact me for my bank details) or cheque/cash.

Students on reduced income can apply for alternative payment arrangements.

If I have to cancel classes I will offer you the option of carrying over classes or having a full refund.

If you are unable to attend a class due to unavoidable circumstances then it may be possible subject to availability to attend an alternative class.

All new students are welcome to a free taster session.

For further information please contact Lisa.

Phone: 01626 890053 or 07714 644468

Email: lisayogaforall@gmail.com

Or see website: www.lisa-yogaforall.com